



OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightsoffice@gmail.com

Capitol Heights Presbyterian (CHPC)
chpcnews@gmail.com
Facebook [@capitolheightspreschurch](https://www.facebook.com/capitolheightspreschurch)
Youtube.com/[@capheights](https://www.youtube.com/@capheights)

10:30 Catholic Community
www.1030catholic.org
Facebook

Dignity Denver
www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

White Forest Sangha (WFS)
<https://www.wfszen.org>
info@whiteforestsangha.org

Sunday Worship Services

Presbyterian	9:30 a.m.
10:30 Catholic	11:00 a.m.
Dignity Denver	5:00 p.m.

WFS Tuesday Meditation
7:00 - 8:15 p.m.

WFS Wednesday Meditation
6:00 - 8:00 p.m.

WFS Saturday Meditation
9:15 - 11:20 a.m.

Send all announcements for the OPEN LETTER to the Church Administrator (capheightsoffice@gmail.com) by 12 PM Thursday

To schedule a meeting or event, please call the church at 303-333-9366 or send an email to capheightsoffice@gmail.com.

10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **Community Contribution:** The Community has contributed \$500 to Sacred Heart House in support of the House's work to move formerly homeless women into permanent housing.

Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace.

We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **February 9, Service and Dialogue:** All are welcome to join us in person or on zoom for the 9:30 AM service held in the Sanctuary. Following the service folks there will be refreshments served in the basement. At 11AM a dialogue will be held in the basement lounge or can be attended via zoom..
(To be added to the distribution list that receives a zoom link every Sunday morning email chpcnews@gmail.com with your request.)

- ◆ **Zoom Link for 9:30 AM Service 11:00 AM Dialogue**

- ▶ **Click here to Join Zoom Meeting with video - Meeting ID 820 4584 1954 #; PASSCODE 1 2 3 4**

- ▶ **One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#**

- ▶ **Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4**

- **11:00 AM Children's Sunday School every 3rd Sunday of the month:** Children are invited to join Sallie on **February 16th at 11AM** in the basement for a Sunday School class.
- **Thursday Zoom Dialogue, February 13 at 7:00 PM:** Join Zoom meeting [link HERE](#) (Meeting ID: 832 7957 7888 | Passcode: 429775). *To be added to the distribution list that receives the zoom link in your inbox on the day of the meeting, please email chpcnews@gmail.com at least 1 week prior to the scheduled dialogue.*
- **CHPC Online Donation:** Would you like to donate to CHPC online or set up a recurring donation? You can do so via **PayPal at this LINK HERE.**
- **Grocery cards that support CHPC** are available for Safeway grocery stores - please contact Charlie Fiser if interested. The King Soopers program is tied to their loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church. Call Charlie Fiser with any questions (303-875-5129).

Community News

- **February 10, 6:00 - 7:00 PM Love Knows No Borders, No Walls - AFSC is hosting a Vigil at the ICE Detention Center (3130 Oakland St., Aurora, CO 80010) in Collaboration with students of Regis University and**



Community News cont.

CO Council of Churches highlight of "The Red Cards Project:" The Immigrant Legal Resource Center has created "Red Cards" listing the rights that people of varying immigration statuses have while physically present in the United States. These cards are available in multiple languages. You may order pre-printed cards for free or print your own to give to others. To find out more, [click HERE](#).

Todas las personas en los Estados Unidos - sin importar su estatus migratorio - tienen derechos y protecciones bajo la constitución del país. **Nuestras Tarjetas Rojas** ayudan a los inmigrantes ejercer esos derechos y protegerse en muchas situaciones

CHUM-WHI Lunch Sign Up is now available for February - March. [Click HERE](#) to sign up. Be sure to check out the [Lunch/Breakfast Details page](#) on our website to learn more about the program and to find current contacts and delivery information.

Next Delivery Day is February 14 (Drop-off February 13 (all day) or Feb 14 (by 11AM)) Please sort, separate, and label items, and place them in bags or boxes, *before* you drop them off at 624 Lafayette St. Denver 80218):

Here are some of the items being collected:

Toiletries: Shampoo (travel and large size); Conditioner (travel and large size); Body Wash (travel and large size); Soap (travel and large size); Lotion (travel and large size); Deodorant (travel and large size); Toothpaste (travel and large size); Cough Drops; Nail Clippers; Body and Foot Powder; Toilet Paper; Baby Wipes; Dove Soap (large bars for face and body); Sanitary Pads

Clothing: Sweatpants for Men and Women; Winter Gloves; Sports Bras; Men's Undershirts; Men's Underwear; Women's Underwear

movement choir NOENEMIES. Additionally, AFSC Colorado is once again gathering handmade valentines and delivering them to people at the detention center. We think of card making as a meditation and a tangible expression of our values. We assert that our Love knows No borders, No walls. Please drop off or mail your Valentines to AFSC Colorado, 1420 Ogden, Suite 201 Denver, CO 80218 by Wed. 2/12 to be delivered to GEO on Thur. 2/13.

A special invite from NOEMEIES in preparation for the event: If you can make it, WE NEED YOUR VOICE! And if you have a little time to prepare... (1) Please [listen to this playlist](#) of songs we've been singing! There's a chance to learn a **4 part harmony** to Da Nos Un Corazon, but no obligation! (2) Listen to [this song](#) as many times as you can and try singing along, Karaoke style. This is a favorite song of a loved one who is inside the facility, so it will mean a lot!

The Center for Service Learning and AFSC invite you to:

LOVE KNOWS NO BORDERS! NO WALLS!

Vigil at the GEO Detention Center

Monday, February 10th, 6-7 pm

3130 N Oakland St, Aurora, CO 80010

Join us in solidarity to honor and spread love to immigrants who are currently in detention, have lost their lives crossing the border, or those who have passed away at the hands of ICE.

For transportation assistance please scan the QR code

For more info contact:
agarciaorres@regis.edu
and bfloreschavez@regis.edu

• **Next NOENEMIES March 2, 2:00 - 3:30 PM. Save the date and spread the word!**

Jamie Laurie Sanders invites us all to participate in NOENEMIES, a space designed to develop a practice of collective songs that might be used in the coming months to sing together in public in support of our community. We will meet in the Sanctuary of 1100 Fillmore Street on February 2nd from 2:00 - 3:30 PM.

NOENEMIES is a space to re-engage with the transformative power of collective song - to experience how singing together can impact our spirits as individuals, connect us in purpose as a community, and harness our power as a crowd.

This is movement choir practice for singers of all types, and non-singers alike. It is a chance to learn songs that will be deployed during upcoming actions and public witness. It is a space where we raise our voices together.

Please note: if you are deathly afraid of singing in public, you are not alone! In fact, you are most especially needed and welcome! Come ready to lose your fear!

Community Events

Sunday

CHPC Sunday Schedule

9:30 AM Service (Sanctuary / [Zoom](#))

11:00 AM Dialogue Meeting (Lounge/ [Zoom](#))

10:30 CC Sunday Schedule

11:00 AM Mass (Sanctuary / [Zoom](#))

Dignity Denver Sunday Schedule

5:00 PM Dignity Denver Mass, Every 1st, 3rd, & 5th Sunday

Sunday AA

9:00 AM Basement Social Hall or South Garden Benches as weather allows.

Tuesday

5:45 PM; NA - "Don't Know Diddly" (Social Hall)

7:00 PM - "*Beginner's Mind Zazen*," meditation with White Forest Sangha (*If interested in joining please call or text Jeffrey at 303-257-0492*)

7:00 PM on 12/24 the 10:30 Catholic Community will hold a Christmas Eve Mass in the Sanctuary.

Wednesday

5:00 PM CHPC Music Rehearsal (Sanctuary) - *Every 2-3 weeks. Contact Sonya for current schedule.*

White Forest Sangha Meditation
(Basement Meditation Room)

6:00 - 6:15 PM logon/seating in the zendo

6:15 - 6:55 PM zazen

6:55 - 7:15 PM chanting service

7:15 - 7:25 PM prepare for discussion

7:25 - 8:00 PM Dharma discussion

8:00 PM Bodhisattva vows and closing gathering (*For more info please contact Nicholas via text at 419-806-9927, or rosslernicholas44@gmail.com*)

6:30-8:30 PM Ye Wanton Singers (Sanctuary)

7:00 - 9:00 PM SLAA (Social Hal)

Thursday

6:00 PM Women's AA (Social Hall)

Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 AM arrive and take seat in zendo

9:30 - 10:10 AM zazen

10:10 - 10:20 AM kinhin

10:20 - 11:00 AM zazen

11:00 - 11:20 AM service

11:20 AM informal tea

(*For more info please contact Nicholas via text at 419-806-9927, or rosslernicholas44@gmail.com*)

10:00 AM SLAA (Room 104)

10:30 AM NA - "Primary Purpose" (Social Hall)

The building schedule has frequent changes and additions throughout the week. Please be sure to schedule your service, meeting, or event with the administrator; Debbie, by emailing capheightsoffice@gmail.com before proceeding.

Leaders of the Capitol Heights Faith Communities

Ecumenical Leadership at 1100 Fillmore

Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board
Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

Historic Building Team

Debbie Yeager

Sonya Yeager-Meeks

Dan Jacobs

Mike Owen Preservation Services Manager & Historic Denver

Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

Garden Team

Mary Lou Fenili

Liz Pinckard

Debbie Yeager

Sonya Yeager-Meeks

Linden Snow of *Remedy Permaculture Design*



Capitol Hill United Ministries - Women's Homelessness Initiative (CHUM-WHI)

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | flahive@flahive.us

CHUM Leadership Team Members

Bonita Bock (Augustana Lutheran); Charlie Fiser (CHPC); Brian Henderson (1st Baptist); Chris Gilmore (6th Ave. UCC) Mark Meeks (CHPC)

Capitol Heights Presbyterian Church

Session Elders:

Mary Hupp (replacing Charlie)

(Class of 2025 - 1st Term)

Bonnie Jensen

(Class of 2025 - 1st Term)

Jeanne Jeffas

(Class of 2026 - 1st Term)

Sonya Yeager-Meeks

(Class of 2026 - 2nd Term)

Jean Demmler

(Class of 2027 - 1st Term)

Charles Norton

(Class of 2027 - 1st Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Jeanne Jeffas

Nominations Committee, Chair

Bonnie Jensen

Nominations Committee

Sallie Baker

Nominations Committee

Mark Meeks

Ex officio, nominations committee

10:30 Catholic Community Council

Katie Theisen

Chair

John Sullivan

Co-Chair

Gene Lang

Treasurer

Kristen Insana

Secretary

Meg Johnson

Liturgy Liaison

Estela Bogaert-Martinez

Adult Religious Education

Ellie Anderson

Co-Liaison

Adult Religious Education

Co-Liaison

Mary Sullivan

Social Action Liaison

Dave Arnolds

Member-At-Large

Kyle Gross

Member At-large

Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large