



OPEN LETTER

Capitol Heights Presbyterian | 10:30 Catholic Community | Dignity Denver | White Forest Sangha



CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street
Denver, Colorado 80206
303-333-9366

Church Administrator: Debbie Yeager
Admin Email: capheightsoffice@gmail.com

Capitol Heights Presbyterian (CHPC)
chpcnews@gmail.com
Facebook [@capitolheightspreschurch](https://www.facebook.com/capitolheightspreschurch)
Youtube.com/[@capheights](https://www.youtube.com/@capheights)

10:30 Catholic Community
www.1030catholic.org
Facebook

Dignity Denver
www.dignitydenver.org
Facebook
Dignity: 720-515-GLBT

White Forest Sangha (WFS)
<https://www.wfszen.org>
info@whiteforestsangha.org

Sunday Worship Services
Presbyterian 9:30 a.m.
10:30 Catholic 11:00 a.m.
Dignity Denver 5:00 p.m.

WFS Tuesday Meditation
7:00 - 8:15 p.m.

WFS Wednesday Meditation
6:00 - 8:00 p.m.

WFS Saturday Meditation
9:15 - 11:20 a.m.

Send all announcements for the OPEN
LETTER to the Church Administrator
(capheightsoffice@gmail.com) by 12 PM
Thursday

To schedule a meeting or event, please call the
church at 303-333-9366 or send an email to
capheightsoffice@gmail.com.

Community News

- **October is Conflict Resolution Month in Colorado**, a statewide, volunteer-led effort bringing together conflict resolution professionals, restorative justice practitioners, educators, students, community members, nonprofit organizations, elected officials, and volunteers. Their goal is to inspire Coloradans to use constructive approaches to problem-solving in their families, workplaces, schools, communities, and beyond. This year two books were selected for the month of reflection - children's book, *Enemy Pie* by Derek Munson, and *Conflict's Gifts: Turning Conflict into connection*. So, whether you are a conflict resolution professional or simply someone who has ever found themselves thinking, you are invited to attend an event, join a conversation, learn a new approach, or simply become more curious about conflict. Learn more at <https://www.conflictresolutionmonth.org/>
- **Democracy in Action: An Educational Series with Capitol Hill United Ministries (CHUM)** - In the midst of the current upheaval of democracy and spirituality, we are calling our community together to discuss and better understand current issues affecting our democracy.

Session One, Sunday, Oct 18, 11am-12pm

Colorado and Denver Ballot Issues

This year's upcoming ballot is packed with constitutional amendments and propositions. To help clarify them and cut through the noise, **Bonnie Clarke, Central Presbyterian and League of Women Voters (LWV) member**, will present LWV summaries. She will cover statewide initiatives as well as Denver-specific ballot issues. Time allotted for Q&A, and worksheets will be provided. Please register by Thursday, Oct. 15 by contacting Diana Flahive via email at dianaflahive@chumdenver.org or phone at 303-257-8588.

Session Two, Sunday, Oct 25, 11am-12pm

What's in a Name: Decoding the Political Label Democratic Socialists

What is the definition of democratic socialist? How is it being used – and misused – by political campaigns? What is Democratic Socialists of America (DSA), and how does it relate to the “democratic socialist” label? **Dr. Seth Masket, Political Science Professor at University of Denver**, will lead this session. As a leading national and local expert on how political parties evolve, change, and handle factional infighting, Dr. Masket will speak on how the rise of democratic socialist candidates is reshaping the traditional Democratic Party infrastructure and nomination processes. Please register by Thursday, Oct. 22 by contacting Diana Flahive via email at dianaflahive@chumdenver.org or phone at 303-257-8588.

- **Sunday, October 25, after Mass and Dialogue cir. 12:00 - 1:00 PM: Please join us for an upcoming event - Five Decades of Major Social Action Impacts.** Mark Meeks and Dave Engelken will share the impact of our two faith communities working together. Light refreshments will be served. Working jointly and inspired by our activist faith, the Presbyterian and 10:30 Catholic Grassroots communities have repeatedly affected the lives of people locally, nationally, and internationally. A remarkable example of this combined effort was the Ribbon Movement. Initiated and led by Justine Merritt, a retired school teacher from the 10:30 Catholic Community, this worldwide movement supported nuclear disarmament and successfully pressed for the first major U.S.-Russia nuclear arms treaty. The Presbyterian and Catholic social teachings that inspired these powerful efforts in the 1970s urge us to continue supporting a strong and just community during this time of massive global change. Come



Community Events Continued:

- **Save the Date: Thursday November 19 *An evening with Dr. Hannah Reichel*** - We are delighted to invite you all to a discussion with Dr. Reichel and their recent book *For Such a Time as This: An Emergency Devotional*. Dr. Reichel is Charles Hodge Professor of Systematic Theology at Princeton Theological Seminary and holds a research fellowship at the University of the Free State, Bloemfontein, South Africa. An internationally renowned scholar and widely sought speaker, Reichel has previously taught at Heidelberg University and Halle-Wittenberg University in Germany and the Protestant Theological University in Utrecht.

Reichel's areas of interest span Christian doctrine and political theology, with special interests in Christology, theological anthropology, eschatology, the doctrine of God, theological method and critical epistemologies... Reichel's newest book, *For Such a Time as This: An Emergency Devotional* offers a timely resource for ordinary Christians seeking to live faithfully in extraordinary times of societal upheaval and political fragility.

Do you need a copy of the book, *For Such a Time as This*? The NowHere foundation has generously provided us with numerous copies that are available on a sliding scale from '\$0 - donation amount that's right for you.' Any funds donated will go to support CHPC. Please speak with Mark, Lillian, or Rodney if you would like a copy.

- **CHUM-WHI Lunch Sign Up**
Program: Be sure to check out the [Lunch/Breakfast Details page](#) on our website to learn more about the program and to find current contacts and delivery information. *Reimbursement Program: If you need help paying for supplies, we offer a reimbursement program. Click to complete the [simple grant form](#).*
- **New Video 'In the World Not of the World':** The recent October 9 presentation hosted by White Forest Sangha with Tatsudo Nicole Baden Roshi is available to [watch online at this LINK](#). (<https://vimeo.com/1235962221/e2fbd39fcb?share=copy&fl=sv&fe=ci>)

join us to be enlightened, inspired, and filled with hope as we recover the memory and emotion of the power and goodness birthed by of our two Communities.

Capitol Heights Presbyterian Church

We are part of an old tradition, made new with each person who comes to us. We witness to a greatness that transcends what we now say, know, or do, but is graciously made present in acts of kindness, hope and peace. We are called to be a community of such hope for the sake of the God of all, and we delight in all who choose to join us.

- **Sunday, October 18 - 9:30 AM Service & 11:00 AM Dialogue** All are invited to join Capitol Heights in worship service at 9:30AM in the sanctuary. If you can't make it in person you can attend via zoom using the link below. **Following the service** a dialogue will take place at 11:00 AM in the basement lounge. All are welcome to attend in person or online via zoom.

✦ Zoom Link for CHPC Services and Discussions

- ▶ [Click here to Join Zoom Meeting with video](#) - Meeting ID 820 4584 1954 #; PASSCODE 1 2 3 4
- ▶ One tap mobile with a Smartphone: +13462487799,,82045841954# OR +16699009128,,82045841954#
- ▶ Or Call: (+1) 253 215 8782; enter MEETING ID when prompted: 820 4584 1954 #; PASSCODE 1 2 3 4

- **Special World Communion Offering:** Throughout the month of October and Capitol Heights will be collecting for the PCUSA's World Communion Offering. The offering cultivates reconciliation by supporting racial and gender justice, peacemaking efforts, global witness and nurturing ecumenical and interfaith relations. To donate, please mark "World Communion Offering" on your check or cash donation, or you can donate at [PayPal at https://tinyurl.com/CapHeightsPresDonate](#) and make a note 'World Communion Offering' in the notes section of PayPal.
- **Tuesday, October 27 Stated Assembly at New Hope Presbyterian Church:** Denver Presbytery is thrilled to host Rev. Dr. Liz Theoharis as our guest speaker. An ordained minister in the Presbyterian Church (USA), theologian, and long-time anti-poverty organizer, Dr. Theoharis brings decades of dedicated leadership as the Executive Director of the Kairos Center for Religions, Rights, and Social Justice and co-chair of the Poor People's Campaign: A National Call for Moral Revival. In preparation for the Assembly, Dr. Theoharis encourages our Presbytery to read her book, **We Pray Freedom: Liturgies and Rituals from the Freedom Church of the Poor** (co-edited with Charon Hribar). Register today at <https://tinyurl.com/OctStatedAssembly>.
- **CHPC Online Donation:** Would you like to donate to CHPC online or set up a recurring donation? You can do so via [PayPal at https://tinyurl.com/CapHeightsPresDonate](#).
- **Grocery cards that support CHPC** are available through the King Soopers loyalty card program. Go to customer service and ask how to tie your loyalty card number to benefit Capitol Heights Presbyterian Church.

10:30 Catholic Community

We are a Christ-centered, Spirit-directed Catholic worshipping community. In response to the teachings of Vatican II, we come together, searching for ways to reflect the person and work of Jesus Christ in our time, to our world.

- **11:00 AM Mass every Sunday:** Mass will be held at 11AM in the Sanctuary of 1100 Fillmore Street. All are welcome!

October Mass Schedule

- ▶ Oct. 18 Mass in the Sanctuary, 11:00, Msgr. Bob
- ▶ Oct. 25 Mass in the Sanctuary, 11:00, Fr. John

- **November 1, Rice and Bean Event After Mass:** All are invited to participate in another rice and bean event with the 10:30 Catholic Community on behalf of Metro Caring. After mass, close to 12:00 PM, folks will meet in the basement Social Hall to break down large bags of rice and beans into smaller portions for distribution by Metro Caring staff. All are welcome!
- **Community Contributions:** The Community donated \$250 to El Porvenir.

Community Events

Sunday

CHPC Sunday Schedule

9:30 AM Service (Sanctuary / [Zoom](#))

10:30 AM Fellowship w/ morning tea (Basement)

11:00 AM Dialogue (Basement Lounge / [Zoom](#))

10:30 CC Sunday Schedule

11:00 AM Mass (Sanctuary)

Dignity Denver Sunday Schedule

5:00 PM Dignity Denver Mass, Every 1st, 3rd, and 5th Sunday (Basement Social Hall during the summer months)

Tuesday

5:45 PM; NA - "Don't Know Diddy" (Social Hall)

7:00 PM - "Beginner's Mind Zazen," meditation with White Forest Sangha

Wednesday

5:00 PM CHPC Music Rehearsal (Sanctuary) - Every 2-3 weeks. Contact Sonya for current schedule.

White Forest Sangha Meditation
(Basement Meditation Room)

6:00 - 6:15 PM logon/seating in the zendo

6:15 - 6:55 PM zazen

6:55 - 7:15 PM chanting service

7:15 - 7:25 PM prepare for discussion

7:25 - 8:00 PM Dharma discussion

8:00 PM Bodhisattva vows and closing gathering (For more info please contact Nicholas via text at 419-806-9927, or rosslernicholas44@gmail.com)

6:30-8:30 PM Ye Wanton Singers (Sanctuary)

7:00 - 9:00 PM SLAA (Room 104)

Thursday

1:00 - 3:00 Second Thursday Scripture Study Group (Lounge, once monthly)

6:00 PM Women's AA (Social Hall)

Saturday

White Forest Sangha Morning Meditation (Basement Meditation Room)

9:15 - 9:30 AM arrive and take seat in zendo

9:30 - 10:10 AM zazen

10:10 - 10:20 AM kinhin

10:20 - 11:00 AM zazen

11:00 - 11:20 AM service

11:20 AM informal tea

(For more info please contact Nicholas via text at 419-806-9927, or rosslernicholas44@gmail.com)

10:00 AM SLAA (Room 104)

10:30 AM NA - "Primary Purpose" (Social Hall)

The building schedule has frequent changes and additions throughout the week. Please be sure to schedule your service, meeting, or event with the administrator; Debbie, by emailing capheightsoffice@gmail.com before proceeding.

Leaders of the Capitol Heights Faith Communities

Ecumenical Leadership at 1100 Fillmore

Shared Operations Leadership:

CHPC Session • 10:30 Catholic Council • Dignity Denver Board

Charlie Fiser - Treasurer; Debbie Yeager - Building Administrator

Ecumenical Worship Committee

Bibiana Hager

CHPC

Jeanne Jeffas

CHPC

Mary Sullivan

10:30 CC

Sylvia Sullivan

10:30 CC

Garden Team

Mary Lou Fenili

Linden Snow of [Remedy Permaculture Design](#)

Ty Steinberger

Debbie Yeager

Sonya Yeager-Meeks



Capitol Hill United Ministries - Women's Homelessness Initiative (CHUM-WHI)

Diana Flahive, *Executive Director*; 303-832-4188 | 303-257-8588 (cell) | flahive@flahive.us

CHUM Leadership Team Members

Bonita Bock (Augustana Lutheran); Charlie Fiser (CHPC); Brian Henderson; Mark Meeks (CHPC)

Capitol Heights Presbyterian Church

Session Elders:

Jeanne Jeffas

(Class of 2026 - 1st Term)

Sonya Yeager-Meeks

(Class of 2026 - 2nd Term)

Jean Demmler

(Class of 2027 - 1st Term)

Charles Norton

(Class of 2027 - 1st Term)

Position open

(Class of 2028 - 2nd Term)

Bonnie Jensen

(Class of 2028 - 2nd Term)

Rev. Mark Meeks

Spiritual Leader

Rev. Bill Sanders

Moderator

Jeanne Jeffas

Clerk of Session

Charlie Fiser

Treasurer

Jean Demmler

Commissioner to the Presbytery of Denver

Bibiana Hager

Deacon

Jeanne Jeffas

Nominations Committee, Chair

Bonnie Jensen

Nominations Committee

Sallie Baker

Nominations Committee

Mark Meeks

Ex officio, nominations committee

10:30 Catholic Community Council

Becky Butz

Chair

Carmen Curtis Bolshoun

Co-Chair

Gene Lang

Treasurer

Kristen Insana

Secretary

Meg Johnson

Liturgy Liaison

Estela Bogaert-Martinez

Adult Religious Education

Ellie Anderson

Co-Liaison

Tricia Huth

Adult Religious Education

Ann Anderson

Co-Liaison

Pat Iyer

Social Action Liaison

Member-At-Large

Member At-large

Dignity Denver Board

Brad Cameron

President

Brad Cameron

Co-Treasurer

Mike Misgen

Member at Large